



CHESTER J. CULVER
GOVERNOR

OFFICE OF THE GOVERNOR

PATTY JUDGE
LT. GOVERNOR

May 4, 2010

Dear Participants:

On behalf of the great state of Iowa, we would like to congratulate you for completing Exercise Your Character Day.

The Lt. Governor and I understand the importance of taking part in a healthy lifestyle. For the second consecutive year, our staff has led the state with the largest percentage of people in the office participating in Live Healthy Iowa, a challenge where teams motivate each other to reach healthy goals.

We hope you and your friends can help each other make healthy choices and hope that you enjoyed speaking with Olympic athletes and coaches about the importance of good character, being active and eating healthy.

Keep up the great work and continue to make healthy choices!

Sincerely,

Handwritten signature of Chester J. Culver in black ink.

Chester J. Culver
Governor of Iowa

Handwritten signature of Patty Judge in black ink.

Patty Judge
Lt. Governor

